# **Energie**



## Monday 17.1.2022

- Soup Minestrone 1a,3,7,9 / Garlic soup with bread croutons 1a,3,9
  - 1 Pork steak gratinated with cheese nad bacon, French fries or rice 1, 7
  - 2 Barma noodles with chicken, vegetable, ginger and coriander 1a,3
  - 3 Fried cheese with boiled potato 1a,3,7
  - 4 Beef goulash with Carlsbad dumplings 1a,3 Salad Nicosia 1a,3,4

## Tuesday 18.1.2022

- Soup Cauliflower soup 1a or Hen broth with noodles and vegetable 1a,3,9
  - 1 Fish and Chips, spicy mayo 1a,3,4
  - 2 Greek burger with Tzatziki, baked potato 1a,3
  - 3 Oyster mushrooms Stroganoff with jasmin rice 1a,7
  - 4 Pho with chicken, rice noodles and chilli 2,14
    Mixed salad with Halloumi cheese and yogurt-dill dresing 7

#### Wednesday 19.1.2022

- Soup Beef broth with meat and noodles 1a,3, 9 / Red lentil soup with tomato
  - 1 Baked pork with cabbage and bread dumplings 1a,3
  - 2 Chicken Teriyaki with rice 6,11
  - 3 Gratinated pasta with smoked cheese, beetroots 1a,3,7
  - 4 Salmon with steamed broccoli and potato purée 4,7 Mixed vegetable salad with egg and bacon 3

### Thursday 20.1.2022

- Soup Vegetable broth with cous-cous / Lentils soup 1a 1a,9
  - 1 Chicken schnitzel with potato purée and pickles 1a,3,7
  - 2 Stuffed red pepper bell with bread dumplings 1a,3
  - 3 Spaghetti Quatro Formagio with broccoli 1a,3,7
  - 4 Bun Bo Nam Bo with beef 2,5,14 Iceberg lettuce with marinated tuna fish and tomato 4

## Friday 21.1.2022

- Soup Beef broth with meat and noodles 1a,3, 9 / Spinach soup with croutons 1a,3,7
  - 1 Turkey burger with sliced potato, onion and Ajvar 1a,3,7
  - 2 Spaghetti Puttanesca with anchovy, tomato and black olives, cheese 1a,3,4,7
  - 3 Fried mushroom with boiled potatoes 1a,3,7
  - 4 Pork tenderlion ragout with gnochi, creamy sauce, mushrooms 1a,3,7 Greek salad with chickpeas