Week menu

Energie

MBfood
PŘEJE DOBROU CHUŤ

Monday 13.7.2020

Soup	Hen Broth with vegetables 1a,3,9 / Cauliflower soup 1a,3, 9
1	Grilled chicken breast with pepper-creamy sauce, rice or French fries 1a,7
2	Spaghetti Amatriciana with bacon, olives, basil and cheese 1a,3,7
3	Fried cheese with boiled potato 1a,3,7
4	Pork tenderlion marinated in rosemary, mashed potato
	Greek salad with marinated onions and Fetta cheese 7

Tuesday 14.7.2020

Soup	Minestrone 1a,7,9 / Creamy carrot soup 7
1	Pulled pork with with Coleslaw salad and fried potato 1a,3,7
2	Gnocchi with Parma ham, creamy sauce and mushrooms, Parmesan 1a,3,7
3	Bread pudding with apples, curd and raisins 1a,3,7
4	Turkey medallions in cheese pastry, pea-potato purée 7
	Ceasar salad with chicken and bread croutons 1a,3,7

Wednesday 15.7.2020

Soup	Beef broth with meat and noodles 1a,3,9 or Lentil soup 1a
1	Chicken steak with baked vegetable and thyme sauce, rice or French fries 1a,7
2	Lasagna Bologna with cheese 1a,3,7,9
3	Moroccan cous-cous with dried apricots and raisins 1a
4	Tuna fish with mango chutnay and potato purée with wasabi 4,7
	Iceberg lettuce with Gorgonzola, pear and nuts 7,8

Thursday 16.7.2020

Soup	Leek soup with egg 1,3 / Tomato soup 9
1	Pork schnitzel wit potato purée, pickles 1a,3,7
2	Chicken BBQ with French fries and cabbage salad 1a,3,7
3	Hummus with Pita bread and Tabbouleh salad 1a,3
4	Turkey Wok with vegetable and jasmin rice 1a,6
	Caprese - tomato, mozzarella and olive oil 7

Friday 17.7.2020

Soup	Sausage soup 1a or Handfull soup with vegetable 1a,9
1	Chicken skewer with bacon and vegetable, rice or French fries
2	Lentil with smoked meat and pickles 1a
3	Baked zucchini stuffed with olives tapenade and grilled vegetable, chive bulgur 1a
4	Sepia noodles with prawns skewer, chilli, ginger and coriander 1,2,3
	Iceberg lettuce with tomato and fried calamari 1a,3,4

The staff will be happy to provide you with information on the presence of allergens
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