

## Monday 30.3.2020

- Soup Hen broth with dripping 1a,3,9
- 1 Chicken steak with peach and cheese, rice or French fries 7
  - 3 Lentil with eggs, roasted onion and pickles 1a,3,10
- FIT : 390 Kcal Mixed salad with marinated tuna fish 4

## Tuesday 31.3.2020

- Soup Sausage soup 1a
- 1 Pork neck with bacon and green beans, French fries
  - 2 Chicken risotto with cheese and pickles 7,10
- FIT : 390 Kcal Mixed salad with marinated tuna fish 4

## Wednesday 1.4.2020

- Soup Cauliflower soup 7
- 1 Beef Chilli con Carne with rice 1a
  - 3 Hummus with Pita bread and Tabbouleh salad 1a,3
- FIT : 390 Kcal Mixed salad with marinated tuna fish 4

## Thursday 2.4.2020

- Soup Beef broth with meat and noodles 1a,3,9
- 1 Chicken schnitzel with potato salad 1a,3,7,9
  - 3 Spaghetti with mozzarella, tomato, rucola and Parmesan 1a,3,7
- FIT : 390 Kcal Mixed salad with marinated tuna fish 4

## Friday 3.4.2020

- Soup Cabbage soup 1a
- 1 Sichuan pork with rice 1a,6
  - 3 Cous-Cous with vegetable and grilled goat cheese 1a,7
- FIT : 390 Kcal Mixed salad with marinated tuna fish 4