Week menu

Energie

MBfood
PŘEJE DOBROU CHUŤ

Monday 16.9.2019

Soup	Beef broth with liver dumplings 1a,3,9 / Minestrone 9
1	Pork neck on red wine, mashed potato12
2	Chicken stripes with peanuts sauce and vegetable, jasmin rice 5
3	Tortilla with beans, Chedar and Jalapenos, green lettuce with tomato 1a,3,7
4	Chicken Gordon Bleu with potato purée 1a,3,7
	FIT: 365 Kcal Caprese - tomato, mozzarella and olive oil 7

Tuesday 17.9.2019

Soup	Vegetable broth with dripping 1a,3,9 or Boršč 9
1	Roast beef with dill sauce and bread dumplings 1a,3,7
2	Dutch schnitzel with boiled potato 1a,3,10
3	Tagliatelle ala Norma with baked aubergine, Parmesan 1a,3,7
4	Baked duck, red cabbage and bacon dumplings 1a,3,7
	FIT : Salad with choppy chicken meat

Wednesday 18.9.2019

Soup	Creamy broccoli soup 1a, 7 / Hen broth with vegetable, meat and noodles 1a,3,9
1	Turkey medallionswith creamy pepper sauce, rice 7
2	Asian pork with rice noodles, chilli and coriander
3	Gratinated pasta with smoked cheese, beetroots 1a,3,7
4	FIT: 499 Kcal Baked trout fillet with Moroccan cous-cous, mint dip 1a,4
	Farm salad with baked corn and potato chips

Thursday 19.9.2019

Soup	Dill soup 1a / Vegetable broth with pasta 1a,3,9
1	Chicken schnitzel with potato salad 1a,3,7,9
2	Gnocchi with bacon, cabbage and fresh parsley 1a,3,7
3	Spinach pie with cheese sauce and boiled potato 1a,3,7
4	Roast beef with egg, cucumber and sausage, rice 1a,3
	FIT : 460 Kcal Salad with grilled camembert and beetroots 7

Friday 20.9.2019

Soup	Potato soup 1a,9 or Semolina soup with vegetable 1a,3,9
1	Beef Stroganoff with jasmin rice 1a,7
2	Gnocchi with chorizo, mushrooms and parmesan 1a,3,7
3	Home made pancakes with apricote, sour cream and mapple syrup 1a,3,7
4	Rabbit with creamy sauce, bread dumplings 1a,3,7
	FIT: 474 Kcal Celery salad with ham, nuts and apples 3,8

The staff will be happy to provide you with information on the presence of allergens
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