

## Monday 16.9.2019

- Soup Beef broth with liver dumplings 1a,3,9 / Minestrone 9
- 1 Pork neck on red wine, mashed potato 12
  - 2 Chicken stripes with peanuts sauce and vegetable, jasmin rice 5
  - 3 Tortilla with beans, Cheddar and Jalapenos, green lettuce with tomato 1a,3,7
  - 4 Chicken Gordon Bleu with potato purée 1a,3,7
- FIT: 365 Kcal Caprese - tomato, mozzarella and olive oil 7

## Tuesday 17.9.2019

- Soup Vegetable broth with dripping 1a,3,9 or Boršč 9
- 1 Roast beef with dill sauce and bread dumplings 1a,3,7
  - 2 Dutch schnitzel with boiled potato 1a,3,10
  - 3 Tagliatelle ala Norma with baked aubergine, Parmesan 1a,3,7
  - 4 Baked duck, red cabbage and bacon dumplings 1a,3,7
- FIT : Salad with choppy chicken meat

## Wednesday 18.9.2019

- Soup Creamy broccoli soup 1a, 7 / Hen broth with vegetable, meat and noodles 1a,3,9
- 1 Turkey medallions with creamy pepper sauce, rice 7
  - 2 Asian pork with rice noodles, chilli and coriander
  - 3 Gratinated pasta with smoked cheese, beetroots 1a,3,7
  - 4 FIT: 499 Kcal Baked trout fillet with Moroccan cous-cous, mint dip 1a,4
- Farm salad with baked corn and potato chips

## Thursday 19.9.2019

- Soup Dill soup 1a / Vegetable broth with pasta 1a,3,9
- 1 Chicken schnitzel with potato salad 1a,3,7,9
  - 2 Gnocchi with bacon, cabbage and fresh parsley 1a,3,7
  - 3 Spinach pie with cheese sauce and boiled potato 1a,3,7
  - 4 Roast beef with egg, cucumber and sausage, rice 1a,3
- FIT : 460 Kcal Salad with grilled camembert and beetroots 7

## Friday 20.9.2019

- Soup Potato soup 1a,9 or Semolina soup with vegetable 1a,3,9
- 1 Beef Stroganoff with jasmin rice 1a,7
  - 2 Gnocchi with chorizo, mushrooms and parmesan 1a,3,7
  - 3 Home made pancakes with apricote, sour cream and mapple syrup 1a,3,7
  - 4 Rabbit with creamy sauce, bread dumplings 1a,3,7
- FIT: 474 Kcal Celery salad with ham, nuts and apples 3,8