Week menu

Evobus

MBfood
PŘEJE DOBROU CHUŤ

Monday 20.5.2019

Soup	Lentil soup 1a / Onion soup 1a
1	Thai chicken curry with vegetable and rice
2	Potato dumlings stuffed with smoked meat, red cabagge and fried onion 1a,3,10
3	Spaghetti with olive tapenade, dried tomato,ruccola and cheese 1a,3,7
	FIT : 480 Kcal Salad with avocado, tomato nachos, chicken and Chedar dip 7

Tuesday 21.5.2019

Soup	Tomato soup 9 / Vegetable broth with cous-cous 1a,9
1	Glilled pork neck steak on pepper with creamy sauce, rice 1a,7
2	Baked chicken with grilled roots vegetables, boiled potato 1a,9
3	FIT : 480 Kcal Vegetable Nasi Goreng with egg and fried onion 5,6
	Iceberg lettuce with gratinated goat cheese and cranberries 7

Wednesday 22.5.2019

Soup	Creamy mushroms soup 1a,7 or Hen broth with dripping 1a,3
1	Turkey roll with stuffing, rice 1a,3,7
2	Stuffed pepper pod with tomato sauce, bread dumplings or rice 1a,3,9
3	Lasagna Quatro Formagio with spinach 1a,3,7
	FIT : 480 Kcal Salad with avocado, tomato nachos, chicken and Chedar dip 7

Thursday 23.5.2019

Soup	Beans soup 1a or Garlic soup
1	Turkey schnitzel in corn flakes, potato purée 1a,3,7
2	Pork liver on onion withherbs, rice 1a
3	Fusilli Pomodoro with mozzarella, basi and Parmesan 1a,3,7
	FIT : 390 Kcal Iceberg lettuce with tuna, tomato and olives 4

Friday 24.5.2019

Soup	Beef broth with meat and noodles 1a,3,9 or Corn soup with chilli
1	Roast beef with creamy vegetable sauce and bread dumplings 1a,3,7,9
2	Chicken Sweet and Sour, jasmin rice
3	Beans burger gratinated with goat cheese, vegetable salad, cranberries 1a,3,7
	FIT : 470 Kcal Mixed salad with marinated camembert 7

The staff will be happy to provide you with information on the presence of allergens
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