# **Energie**



### Monday 22.4.2024

Soup Beef broth with meat, vegetables and noodles 1a,3, 9

- 1 Chicken steak with cheese and peach, French fries or rice 7
- 2 Gnocchi with bacon, cabbage and fresh parsley 1a,3,10
- 3 Fried Camembert with boiled potato 1a,3,7
- 4 Paella with seafood and vegetable 2,4,14
  Mixed salad with red beans, smoked cheese nad balsamico-honey dresing 7

# Tuesday 23.4.2024

Soup Creamy spinach soup with egg 1a,3,7

- 1 Chicken Kung-Pao with jasmin rice 1a,3,5,6
- 2 Spaghetti Bologna with cheese 1a,3,7
- 3 Green asparagus with sauce Hollandaise, boiled potato 3,7
- 4 Pork tenderlion marinated in rosemary, Demi-glace sauce, French fries 1a,9,12 Iceberg lettuce with marinated tuna fish and tomato 4

#### Wednesday 24.4.2024

Soup Minestrone 1a,3,7,9

- 1 Chicken Gyros with Tzatziky and fries or Pita 1a,7
- 2 Pork goulash with sour cabbage and bread dumplings 1a,3,10
- 3 Lasagna with spinach, cheese and creamy sauce 1a,3,7
- 4 Chicken Gordon Bleu with potato purée 1a,3,7 Marinated Camembert with cabbage salad, bread 1a,3,7

## Thursday 25.4.2024

Soup Hen broth with batter 1a,3,9

- 1 Pork schnitzel wit boiled potato, pickles 1a,3,10
- 2 Chicken Stroganoff with capers and mushrooms, rice 1a,7
- 3 Asparagus creamy risotto with Parmesan 7
- 4 Beef goulash with Carlsbad dumplings or rice 1a,3,7 Farm salad with chicken, baked corn and potato chips

## Friday 26.4.2024

Soup Creamy asparagus soup 1a,7

- 1 Thai noodles Pad Thai with chicken, peanuts and lime 1a,3,4,5,6,11
- 2 Gratinated potato with pickles and beet-root 3,7,10
- 3 Hummus with Pita bread and Tabbouleh salad 1a,3,11
- 4 Mixgril chicken and pork medaillions, Demi glace sauce, baked potato with sour cream 1a,7,9,12 Walfdorf salad with apples, grapes and nuts 3,8