# **Energie**



# Monday 20.3.2023

Soup Leek soup 1a,3,9

- 1 Chicken steak baked on rosemary with roots vegetable, rice or baked potato
- 2 Ham with mustard and horse radish, mashed potato 7,10
- 3 Apricot dumplings with melted butter, sugar and curd 1a,3,7
- 4 Turkey Satay with coconut- peanuts sauce and baked potato 5,7 Waldorf salad with apples, grapes and nuts 3,8

# Tuesday 21.3.2023

Soup Hen broth with meat and noodles 1a,3,4,9

- 1 Dutch schnitzel with potato purée 1a,3,7,10
- 2 Chicken thigh Teriyaki with rice 6,11
- 3 Pumpkin risotto with sun flower seeds and sage 7
- 4 Chicken Wok with vegetable, Yakisoba sauce, rice 1a,6,8 Salad with baked potato, cauliflower and nuts in honey 8

#### Wednesday 22.3.2023

Soup Tripes soup 1a

- 1 Chicken Sweet and Sour with pineaplle and rice 1a,5,6
- 2 Grilled pork liver, French fries 1a
- 3 Hummus with Pita bread and Tabbouleh salad 1a,3,11
- 4 Deer goulash with red onion, Carlsbad dumplings1a,3,7 Lyon salad with poached egg and baguettes 1a,3

## Thursday 23.3.2023

Soup Dill soup 1a,3,7

- 1 Pork schnitzel with potato salad 1a,3,9,10
- 2 Penne with chicken, spinach, creamy sauce and cheese 1a,3,7
- 3 Polenta pureé with mushrooms ragout and rucola 7
- 4 Beef burger with bacon and chedar, fries 1a,3,7 Ceasar salad with chicken and bread croutons 1a,3,7

### Friday 24.3.2023

Soup Beef broth with meat and noodles 1a,3, 9

- 1 Barma noodles with chicken, vegetable, ginger and coriander 1a,3
- 2 Turkey burger with Ajvar and baked potato 1a,3
- 3 Eggs omelette Quattro Formaggi, boiled potato 3,7
- 4 Mixgril chicken and pork medaillions, mushrooms sauce, croquettes or rice 1a,7 Greek salad with olives and cheese 7